

# BREAKFAST

<b>Sunrise Breakfast</b>	<b>18</b>	<b>Tofu Scrambled Eggs – Vegan</b>	<b>17</b>
Two “eggs your way”, breakfast potatoes, choice of breakfast meats, choice of toast		Shredded tofu, turmeric, ginger, garlic, bell peppers, tomatoes, onions, breakfast potatoes, choice of toast	
<b>Eggs Benedict</b>	<b>18</b>	<b>Breakfast Burrito</b>	<b>16</b>
Poached eggs, Canadian bacon, English muffin, hollandaise sauce, breakfast potatoes		Scrambled eggs, cheddar and mozzarella cheese, guacamole, sour cream, lettuce, salsa, choice of white or whole wheat tortilla, breakfast potatoes	
<b>Florentine Benedict</b>	<b>21</b>	<b>Mushroom Hummus Toast – Vegan</b>	<b>16</b>
Poached eggs, mushrooms, spinach, English muffin, hollandaise sauce, breakfast potatoes		Toasted sourdough bread, hummus, sauté mushrooms, sprouting microgreens	
<b>Build Your Own Omelet</b>	<b>18</b>	<b>Smoked Salmon Toast</b>	<b>20</b>
Choose 3 from: bacon, sausage, ham, tomatoes, bell peppers, onions, mushrooms, cheddar, Monterey jack, served with breakfast potatoes and choice of toast		Grilled multigrain bread, herbed cream cheese, smoked salmon, red onion, capers, everything bagel seasoning	
<b>Wellbeing</b>	<b>18</b>	<b>Buttermilk Pancakes</b>	<b>14/16</b>
Egg whites or scrambled, feta, kale, spinach, mushroom, tomato, onion, served with sliced seasonal fresh fruit and multigrain bread		Short or tall stack, butter, warm maple syrup	
<b>Steak &amp; Eggs</b>	<b>30</b>	<b>Classic Belgian Waffle</b>	<b>16</b>
Two “eggs your way” strip 8 oz, breakfast potatoes, choice of toast		Butter, warm maple syrup	
		<b>Yogurt Parfait Bowl</b>	<b>13</b>
		Greek yogurt, bananas, strawberries, blueberries, toasted coconut flakes, honey, walnuts	

## SIDES

Egg Your Way	3
Selection of Toasted Breads	4
Breakfast Potatoes	4
Yogurt, Greek Yogurt	4
Bacon, sausage, Ham	6
Turkey Sausage	7
Bagel W/Cream Cheese	6
Selection of Cold Cereals	4
Fresh Fruit	9
Add bananas or Fresh Fruit	+3

## BEVERAGES

Freshly Brewed Premium Coffee	3
Selection of Teas	3
Assorted Juices	4
Assorted Fountain Beverages	4
Milk, Chocolate Milk, Hot Chocolate	3
Cappuccino, Latte, Espresso	5
Strawberry Banana Smoothie	9
Mean Green Smoothie	9

