

QUICK AND EASY

Oatmeal V/VG	9	Yogurt Parfait V	13
Cinnamon, brown sugar, bananas, raisins		Greek yogurt, granola, honey, mixed berries	
Smashed Avocado Toast	14	Fresh Fruit Bowl V/VG/GF	12
Sourdough bread, smashed avocado, watercress, feta crumble		Seasonal fruit and berries	
V/VG/GF		Cannery Continental V	16
Add: Two eggs 3 Smoked salmon 6		Butter croissant, yogurt parfait, fresh fruit bowl	

ALL THINGS EGGS

Cannery Breakfast GF	19	Eggs Benedict	
Two eggs your way, choice of bacon or sausage, breakfast potatoes, baked beans, choice of toast		Served with breakfast potatoes	
Vegan Cannery Breakfast V/VG/GF	19	Traditional - poached eggs,	20
Tofu scramble, avocado, breakfast potatoes, baked beans, choice of toast		peameal bacon, toasted English muffin, hollandaise sauce	
Wellbeing Omelette V/VG	21	Florentine - poached eggs,	19
Egg whites, feta, spinach, mushrooms, tomatoes, onions, served with fresh fruit and choice of toast		spinach, mushrooms, toasted English muffin, hollandaise sauce V	
Southwest Omelette V/VG	24	Smoked Salmon - poached	23
Peppers, onions, cheddar cheese, served with avocado, salsa, sour cream, breakfast potatoes and choice of toast		eggs, smoked salmon, toasted English muffin, hollandaise sauce	
		Build Your Own Omelette GF	20
		Choose up to three: tomatoes, bell peppers, onions, mushrooms, spinach, cheddar cheese, feta, bacon, sausage, smoked salmon, served with breakfast potatoes and choice of toast	

SWEET TOOTH

Belgian Waffle V	18	Cinnamon French Toast V/GF	18
Fresh-off-the-iron with bananas, berries, whipped cream, maple syrup		French toast, whipped cream, butter, maple syrup	
Buttermilk Pancakes V	18		
Three fluffy pancakes, berries, butter, maple syrup			

A LITTLE EXTRA

Pork or chicken sausage	5	Breakfast potatoes V/VG	5
Peameal or regular bacon	5	Baked beans V/VG	3
Smoked salmon	8	Avocado V/VG/GF	5

BEVERAGES

Brewed coffee	4	White or chocolate milk	5
Cappuccino	5	Oat or almond milk	5
Latte	5	Assorted juices	5
Espresso	4	Hot chocolate	4
Selection of teas	4	Whipped cream	2

GF Gluten Friendly/Gluten Friendly Option Available

VG Vegan/Vegan Option Available

V Vegetarian/Vegetarian Option Available

Please advise us of any food allergies and be aware that any undercooked foods ordered by request pose a risk of foodborne illness. Cannery restaurants are not gluten-free, vegetarian, or vegan restaurants and take no responsibility should cross-contamination occur.

*Prices do not include sales tax.